

Child's name: \_\_\_\_\_

Goal # \_\_\_\_\_

I will . . . \_\_\_\_\_

<i>Daily Breakdown</i>	<i>Day 1</i>	<i>Day 2</i>	<i>Day 3</i>	<i>Day 4</i>	<i>Day 5</i>
Early Morning (school)					
Late Morning (school)					
Afternoon (school)					
Early Evening (home)					
Later Evening (home)					

**NOTE:** Please draw a star in the box if \_\_\_\_\_ meets the goal of \_\_\_\_\_

20 stars (80%) will be considered successful and will be rewarded with \_\_\_\_\_  
(for example, a special activity at home on the weekend).

Note: this sheet will go to school and come home each day.